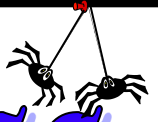




Rosewood Elementary School



EAGLE EXPRESS

October 3, 2018

October's Life Skills Are: RESPECT and HONESTY



Dates To Remember

- Oct. 9 Picture Day!
- Oct. 10 International Walk to School Day
- Oct. 11 Boosterthon Fun Run
- Oct. 12 1/2 Day
Walk for Life Parade
- Oct. 26 Halloween Carnival
6-8 pm
- Oct. 31 Report Cards Issued

RICHLAND ONE MAKEUP DAYS

The Richland One Board of School Commissioners approved October 12, December 21 and March 8 as makeup days. Each makeup day will be a half day for students and a full day for staff. The Board also approved a request from the district's administrative team to waive the fourth missed day.

October 12 previously was designated as a student holiday/district professional development day; December 21 would have been the first day of Winter Break; and March 8 would have been a holiday for students and staff.

South Carolina school districts are required by state law to designate three makeup days in their academic calendars. Three missed days must be made up, but local school boards can vote to waive up to three days if schools are closed four to six days due to snow, extreme weather conditions or other disruptions. If schools are closed six to nine days for any of the same reasons, local school boards may request a waiver from the State Board of Education.



IMPORTANT LUNCH INFORMATION

Parents, we enjoy seeing you at lunch and ask for your help with a few procedures. When you come for lunch, sign in at the office and then wait on the bench until your child's designated lunch time. During lunch, you and your child may sit in the cafeteria or go to the patio. Refrain from sharing videos, games, and photographing children during lunch or while visiting school. Due to student dietary restrictions, remember food and candy can not be shared with other children.

Also, as many of you know, school lunches are free for all students this year. However, if your child brings a lunch from home and only needs milk, juice, etc., those items will need to be purchased. Milk is \$.40, juice is \$.35 and sporks are \$.15 each.

BOOSTERTHON FUN RUN

Parents, the Rosewood Fun Run is October 11! We cannot wait to celebrate your students and cheer them on. You're invited to join us for the fun!

- K and 1st -- 7:50 a.m.
- 4th and 5th -- 9:10 a.m.
- 2nd and 3rd -- 10:25 a.m.



Thank you again for supporting our school!

SHOW YOUR SUPPORT FOR ROSEWOOD'S WALK FOR LIFE TEAM BY PURCHASING A TAG OR A BOW TODAY!!!

We would like to fully decorate the tree in the front office as we raise money for the Rosewood Rocks Pink Team! 100% of the money goes to the Walk for Life team. Tags are \$1 each with a name on them. Pink bows are \$5 each with a name, family or class on them. Show your support today! Our school wide Walk for Life Pink Walk will be held Friday, October 12, at 8:45 a.m.



The Rosewood Halloween Carnival is coming up on Friday, October 26 from 6pm-8 pm. Help us make it a success by volunteering your time and/or donating individually wrapped candy or non-edible Halloween prizes. Volunteers are needed for set up, games, and clean up. You can sign up online at <https://m.signupgenius.com/#!/showSignUp/30e044eae62ea7f49the2017>.



Candy donations for the carnival can be dropped off any time in the school office.

**** Please do not send candy containing nuts! ****



INTERNATIONAL WALK TO SCHOOL DAY



Join Rosewood families for International Walk to School Day on Wednesday, October 10. Meet in the Publix parking lot or at Sims Park at 6:50 a.m. We will walk at 7:00 a.m. sharp. If you would like to hand out stickers at Rosewood or lead the contingent from Sims or Publix, please email Geni at genirosewoodPTO@gmail.com. Bus riders and car riders will walk around the school with Mr. McGillan and Mrs. Switzer.



FITNESS CORNER

Keeping Kids Healthy during the school year!

School is many things. A place where kids learn and grow cognitively, develop social skills, and become independent individuals. It can also, alas, be a place where they pick up germs and illnesses and bring them home. At school, children spend a lot of time in classrooms where they can easily transfer infections to one another. But by teaching kids some important healthy habits, parents can help make school and health a priority during the school year. Here are some great tips on how to keep your kids healthy.

- Proper hand washing - Teach them to wash after blowing nose, using bathroom and before eating.
- Boost their immune system - Getting enough sleep, maintaining a healthy diet, managing stress, exercising, making time to laugh, and emphasizing hand washing can help reduce your child's risk of getting colds, flu, and other infections.
- Good sleep habits - Most school age children need 9-11 hours of sleep.
- Eat a healthy breakfast - It's OK to eat leftovers from the night before. That's much better than sugary cereal, pop tarts, donuts. They need protein to keep them going until lunch.
- Eat a [healthy lunch](#) - It is not only important for your child's physical growth, but it can help him/her stay focused and mentally and emotionally at their best. Leftovers from the night before are fine. Cut sandwiches into cute shapes, add real fruit (not rollups), stay away from lunchables, and water or real juice to drink.
- Healthy afternoon snack - Healthy snacks are important for the brain as well as the body. Before children sit down to do their homework, having a healthy snack (fruits and veggies) can provide some much-needed fuel for the brain.
- Family fitness - When their arms and legs are moving their brain is stimulated! Take a daily walk or bike ride together.

Richland County School District One's Mission Statement

We are Richland One, a leader in transforming lives through education, empowering all students to achieve their potential and dreams.

Rosewood Elementary School's Vision Statement

Rosewood Elementary, in collaboration with an engaged community, is committed to ensuring each learner achieves his/her potential in a safe, caring, academically challenging and diverse learning environment that will develop well-rounded, contributing citizens for a changing world.