

GREENVIEW DOLPHINS 2018-2019

For more information visit our website:
www.greenviewdolphins.com

The Dolphins year-round program competes in both South Carolina and eastern United States. Swimmers registering for the USA Swim Team are eligible to compete in USA-sanctioned meets. These practices are conducted at the Charles R. Drew Wellness Center. The Greenview Dolphins USA Swim Team is ideal for young swimmers who want to excel in swimming and learning to compete on State and National levels. Each Greenview USA swimmer must have a Drew Wellness membership to participate on the USA swim team.

Instructional Training Classes **Session One September-December** **Session Two January-April** **Session Three June – July**

Instructional Training programs are available to anyone who wants to learn or improve their competitive swimming abilities. Training are held at Charles R. Drew Wellness Center. To participate in the Instructional Training Classes you **MUST** have some form of swimming skills or abilities to learn in water 3 ½ feet or deeper.



Website: www.greenviewdolphins.com



GREENVIEW SWIM TEAM

Pool Location: Charles R Drew Wellness Pool
2101 Walker Solomon Way, Columbia, SC 29204

Mail Address: P.O. Box 4836

Columbia, SC 29240

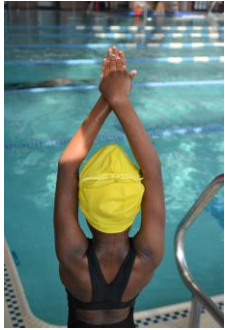


Greenview Dolphins

The Greenview Dolphin Swim Team is a nonprofit 501-C (3) organization which offers a wholesome social environment, discipline, and bodybuilding recreation for the youth of Greenview and surrounding communities. Youth ages 18 years and under may be enrolled by their parents or guardians for year-round swim training.



Once A Dolphin... Always A Dolphin



DREAM and BELIEVE

Greenview Dolphin Swim Team (GVST) offers rewarding, fun, physical activities for children 18 years and younger through afterschool activities designed to improve personal development.

DID YOU KNOW?

64% of African-American, 45% of Hispanic/Latino, and, 40% of Caucasian children have little to no swimming ability.

Source: 2016 USA Swimming Report

GVST improves education and academic performance in our participating swimmers by customizing the program around their academic goal settings of each our participants

DID YOU KNOW?

29% of African American and 31% Hispanic children do not graduate from high school.

Source: U.S. Census Bureau 2011-2016 American Community Survey

Group Levels Description for the USA Swim Team Practice Schedule

Group IV

Tuesday – Thursday 6:45 – 7:30 PM
Saturday 10:00 AM – 11:00 AM

This is our entry level group. An athlete may not be able to swim a full lap. Athletes must be willing to learn how to swim. All swimmers at entry level are guppies.

Group III

Monday-Tuesday – Thursday 5:30 – 7:00 PM
Saturday 10:00 AM – 11:00 AM

Group III athletes focus on learning the four legal competitive strokes, turns, racing starts, and finishes. Athletes in this group are exposed to a new level of swim practice training on greater distance and faster intervals. Swimmers in Group III will begin swimming in competitive swim meets.

Group II

Monday-Tuesday – Thursday 5:30 – 7:30 PM
Saturday 9:00 AM – 11:00 AM

The Group II athletes are exposed to a higher level of training with a higher level of commitment to competitive swimming.

Group I

Monday-Tuesday – Thursday 5:30 – 7:30 PM
Saturday 9:00 AM – 11:00 AM

The Group I athletics is the highest level of training and commitment to competitive swimming on State and National Level.



THE MISSION:

The mission of the Greenview Dolphins Swim Team is, “To be actively involved with swim team members by encouraging them to excel in their academics and be positive role models through skill development, tutoring and mentoring.”

DID YOU KNOW?

79% of Low – income children have little or no swimming ability.

Source: 2016 Report USA Swimming

DID YOU KNOW?

In the last 10 years, membership in organize sports has declined by 10%

Source: The Aspen Institute State of Play Report

DID YOU KNOW?

According to the latest report in 2015 from the Consumer Product Safety Commission (CPSC), nearly 300 children under the age of five drown in pools and spas every year