

Family Mindfulness Night



Join us for a great night of fun!
Learn about what mindfulness is
and participate in mindfulness
activities!

February 9th, 2023
6-7:30PM

SAMS Cafeteria

[REGISTER HERE](#)

by February 6th, 2023

Questions?

Please Contact Ms. Jordan at
sjordan@cisofsc.org or
(774) 274-9730



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