

Gibbes Spring Football Conditioning

May 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Study Hall 4pm-4pm Practice 5pm-7pm	3 Study Hall 4pm-4pm Practice 5pm-7pm	4 Study Hall 4pm-4pm Practice 5pm-7pm	5	6	7
8	9 Study Hall 4pm-4pm Practice 5pm-7pm	10 Study Hall 4pm-4pm Practice 5pm-7pm	11	12	13	14
15	16 Study Hall 4pm-4pm Practice 5pm-7pm	17	18 Study Hall 4pm-4pm Practice 5pm-7pm	19	20	21
22	23 Study Hall 4pm-4pm Practice 5pm-7pm	24 Study Hall 4pm-4pm Practice 5pm-7pm	25 Study Hall 4pm-4pm Practice 5pm-7pm	26 Study Hall 4pm-4pm Practice 5pm-7pm	27	28
29	30	31				

Gibbes Summer Football Conditioning

June 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20 Practice 5:30pm-7:30pm @ Eau Claire	21 Practice 5:30pm-7:30pm @ Eau Claire	22 Practice 5:30pm-7:30pm @ Eau Claire	23	24	25
26	27 Practice 5:30pm-7:30pm @ Eau Claire	28 Practice 5:30pm-7:30pm @ Eau Claire	29 Practice 5:30pm-7:30pm @ Eau Claire	30		

Head Coach: Teran Rowe (803) 606-5438

Asst. Coach: Robert Johnson (843) 453-7066

Athletic Coordinator: James Seymore (803) 465-3347

Gibbes Summer Football Conditioning

July 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
10	11 Practice 5:30pm-7:30pm @ Eau Claire	12 Practice 5:30pm-7:30pm @ Eau Claire	13 Practice 5:30pm-7:30pm @ Eau Claire	14	15	16
17	18 Practice 5:30pm-7:30pm @ Eau Claire	19 Practice 5:30pm-7:30pm @ Eau Claire	20 Practice 5:30pm-7:30pm @ Eau Claire	21	22	23
24	25 Practice 5:30pm-7:30pm @ Eau Claire	26 Practice 5:30pm-7:30pm @ Eau Claire	27 Practice 5:30pm-7:30pm @ Eau Claire	28	29	30

Head Coach: Teran Rowe (803) 606-5438

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Gibbes Fall Football Practice

August 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Practice 5:30pm-7:30pm @ Eau Claire	2 Practice 5:30pm-7:30pm @ Eau Claire	3 Practice 5:30pm-7:30pm @ Eau Claire	4	5	6
7	8 Practice 5:30pm-7:30pm @ Eau Claire	9 Practice 5:30pm-7:30pm @ Eau Claire	10 Practice 5:30pm-7:30pm @ Eau Claire	11	12	13
14	15	16	17 Practice 5:30pm-7:30pm @ Eau Claire	18 Practice 5:30pm-7:30pm @ Eau Claire	19	20
21	22 Study Hall 4pm-4:45pm Practice 5pm-7pm	23 Study Hall 4pm-4:45pm Practice 5pm-7pm	24 Possible Scrimmage TBD	25 Study Hall 4pm-4:45pm Practice 5pm-7pm	26	27
28	29 Study Hall 4pm-4:45pm Practice 5pm-7pm	30 Study Hall 4pm-4:45pm Practice 5pm-7pm	31 Possible Scrimmage TBD			

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Gibbes Fall Football Practice/Games

September 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Study Hall 4pm-5:45pm Practice 5pm-7pm	2	3
4	5	6 Study Hall 4pm-5:45pm Practice 5pm-7pm	7 Sanders (TBD)	8 Study Hall 4pm-5:45pm Practice 5pm-7pm	9	10
11	12 Study Hall 4pm-5:45pm Practice 5pm-7pm	13 Study Hall 4pm-5:45pm Practice 5pm-7pm	14 Brookland Cayce @ BC 6:30pm	15 Study Hall 4pm-5:45pm Practice 5pm-7pm	16	17
18	19 Study Hall 4pm-5:45pm Practice 5pm-7pm	20 Study Hall 4pm-5:45pm Practice 5pm-7pm	21 W.A Perry @ Eau Claire 6:30pm	22 Study Hall 4pm-5:45pm Practice 5pm-7pm	23	24
25	26 Study Hall 4pm-5:45pm Practice 5pm-7pm	27 Study Hall 4pm-5:45pm Practice 5pm-7pm	28 Southeast @ Eau Claire 6:30pm	29 Study Hall 4pm-5:45pm Practice 5pm-7pm	30	

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***Bold** denotes Home game

Gibbes Football Practice & Games

October 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 Study Hall 4pm-4:45pm Practice 5pm-7pm	4 Study Hall 4pm-4:45pm Practice 5pm-7pm	5 Bye Week	6 Study Hall 4pm-4:45pm Practice 5pm-7pm	7	8
9	10 Study Hall 4pm-4:45pm Practice 5pm-7pm	11 Study Hall 4pm-4:45pm Practice 5pm-7pm	12 Alcorn @ Bolden 6:30pm	13 Study Hall 4pm-4:45pm Practice 5pm-7pm	14	15
16	17 Study Hall 4pm-4:45pm Practice 5pm-7pm	18 Study Hall 4pm-4:45pm Practice 5pm-7pm	19 <i>St. Andrews @ Eau Claire 6:30pm</i>	20 Study Hall 4pm-4:45pm Practice 5pm-7pm	21	22
23	24 Study Hall 4pm-4:45pm Practice 5pm-7pm	25 Study Hall 4pm-4:45pm Practice 5pm-7pm	26 1 st Playoff Game	27 Study Hall 4pm-4:45pm Practice 5pm-7pm	28	29

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* **Bold** denotes a home game