



C. A. JOHNSON CLUSTER EVENT WELLNESS WEDNESDAY

A session about how to live a healthier lifestyle

APRIL 28, 2021
5:30 PM - 6:30 PM
VIRTUAL EVENT

JOIN ZOOM MEETING

[Click Here](#)

From learning how to manage stress to eating the right food and discovering the perfect exercise routine! Please join us to find the best path to a healthier and happier you!

Be prepared for a fun-filled 10 minute workout! It will be energizing!

Questions?

Please contact your Parent and Family Engagement Specialist-
Yolanda Smith (803)908-9985
Cindy Andre-Noel (803)741-6783