



# Richland One

## Semester Two Breakfast


### 2 Week Menu Cycle 2020-2021


			<u>Menu Notes</u>
<b>Monday</b>	<b>Monday</b>	January 2021	
Eggo's Choc Chip Mini French Toast 35g Assorted Fresh Fruit 15g Asst. 100% Juice Asst. Milk 12g	Mini Blueberry Pancake 35g Assorted Fresh Fruit 15g Asst. 100% Juice Asst. Milk 12g	M TU W TH F 4 5 6 7 8 11 12 13 14 15 18 19 20 21 22 25 26 27 28 29	January 18, 2020 /No School /Student, & Staff Holiday
<b>Tuesday</b>	<b>Tuesday</b>	February 2021	January 29, 2020 /No School /Teacher Workday
Maple Waffle 36g Assorted Fresh Fruit 15g Asst. 100% Juice Asst. Milk 12g	Chicken Biscuit 29g Assorted Fresh Fruit 15g Asst. 100% Juice Asst. Milk 12g	M TU W TH F 1 2 3 4 5 8 9 10 11 12 15 16 17 18 19 22 23 24 25 26	February 5, 2020/Early Release /Professional Development
<b>Wednesday</b>	<b>Wednesday</b>	March 2021	February 15, 2020/No School/Professional Development
Assorted Cereal 33-47g Assorted Fresh Fruit 15g Asst. 100% Juice Asst. Milk 12g	Assorted Cereal 33-47g Assorted Fresh Fruit 15g Asst. 100% Juice Asst. Milk 12g	M TU W TH F 1 2 3 4 5 8 9 10 11 12 15 16 17 18 19 22 23 24 25 26 29 30 31	March 26, 2020 /Early Release/Professional Development
<b>Thursday</b>	<b>Thursday</b>	April 2021	April 5-9, 2020 /No School/Student/Staff Holiday
Breakfast Pizza 31g Assorted Fresh Fruit 15g Asst. 100% Juice Asst. Milk 12g	Turkey Sausage & Gravy Pizza 27g Assorted Fresh Fruit 15g Asst. 100% Juice Asst. Milk 12g	M TU W TH F 5 6 7 8 9 12 13 14 15 16 19 20 21 22 23 26 27 28 29 30	May 31, 2020/No School/Student & Staff Holiday
<b>Friday</b>	<b>Friday</b>	May/June 2021	June 11, 2020 /Last Day of School
Assorted Cereal 33-47g Assorted Fresh Fruit 15g Asst. 100% Juice Asst. Milk 12g	Assorted Cereal 33-47g Assorted Fresh Fruit 15g Asst. 100% Juice Asst. Milk 12g	M TU W TH F 3 4 5 6 7 10 11 12 13 14 17 18 19 20 21 24 25 26 27 28 31 1 2 3 4 7 8 9 10 11	<b>Assorted Juice</b> Grape 19g Orange 13g Apple 13g Orange Pineapple 14g
<b>Saturday</b>	<b>Saturday</b>		
Ham & Cheese on Hawaiian Bun 28g Assorted Fresh Fruit Asst. 100% Juice Asst. Milk 12g	Egg and Cheese Biscuit 23g Assorted Fresh Fruit 15g Asst. 100% Juice Asst. Milk 12g		
<b>Sunday</b>	<b>Sunday</b>		
Assorted Cereal 33-47g Assorted Fresh Fruit 15g Asst. 100% Juice Asst. Milk 12g	Assorted Cereal 33-47g Assorted Fresh Fruit 15g Asst. 100% Juice Asst. Milk 12g		<b>*This institution is an equal opportunity provider</b>
			Revised 12/7/2020

# Richland One

## Semester Two Lunch

### 2 Week Menu Cycle 2020-2021

Monday	Monday	January 2021				
Bolognese Di Ravioli 55g Fresh Carrots 1g Garlic Bread 14g Sliced Peaches 17g	Teriyaki Chicken 8g WGR Vegetable Rice 13g Seasoned Cabbage 7g Sliced Peaches 17g	M	TU	W	TH	F
Tuesday	Tuesday	4	5	6	7	8
Chicken 6g and Waffles 36g Turnip Greens 3g Mixed Fruit Cup 14g	Roasted Lemon Pepper Chicken 1g Black Eyed Peas 20g and Collards 3g Cornbread loaf 29g Mixed Fruit Cup 14g	11	12	13	14	15
Wednesday	Wednesday	18	19	20	21	22
Siracha Chicken 24g w/ Chow Mein 34g Garden Salad 9.7g Assorted Fresh Fruit 16g		25	26	27	28	29
Thursday	Thursday	February 2021				
Rodeo Burger 40 g Assorted Chips 16-20g Spinach and Tomato Salad 5g Diced Peaches 17g	Personal Pizza 43g Assorted Chips 16-20g Tomato and Cucumber 6g Diced Peaches 17g	M	TU	W	TH	F
Friday	Friday	1	2	3	4	5
Meatballs and Gravy 22g Mashed Potatoes 41g Seasoned Green Beans 7g Southern Style Biscuit 29g Assorted Cool Tropics 15g	Southwest Chicken Lasagna 68g Tortilla Chips 19g Salsa Cups 5g Assorted Cool Tropics 15g	8	9	10	11	12
Saturday	Saturday	15	16	17	18	19
Turkey Ham & Cheese Croissant 30g Fresh Carrots 1g Assorted Fresh Fruits 16g Asst. Milk 12g	Turkey & Cheese Sandwich 30g Fresh Carrots 1g Assorted Fresh Fruits 16g Asst. Milk 12g	22	23	24	25	26
Sunday	Sunday	29	30	31		
Anytimers Cheese Pizza 34g Fresh Carrots 1g Assorted Fruit 16g Asst. Milk 12g	Anytimers Turkey Ham & Cheese 33g Fresh Carrots 1g Assorted Fruit 16g Asst. Milk 12g	March 2021				
		M	TU	W	TH	F
		1	2	3	4	5
		8	9	10	11	12
		15	16	17	18	19
		22	23	24	25	26
		29	30	31		
		April 2021				
		M	TU	W	TH	F
		5	6	7	8	9
		12	13	14	15	16
		19	20	21	22	23
		26	27	28	29	30
		May/June 2021				
		M	TU	W	TH	F
		3	4	5	6	7
		10	11	12	13	14
		17	18	19	20	21
		24	25	26	27	28
		31	1	2	3	4
		7	8	9	10	11

★ <u>Menu Notes</u> ★
January 18, 2020 /No School /Student, & Staff Holiday
January 29, 2020 /No School /Teacher Workday
February 5, 2020/Early Release /Professional Development
February 15, 2020/No School/Professional Development
March 26, 2020 /Early Release/Professional Development
April 5-9, 2020 /No School/Student/Staff Holiday
May 31, 2020/No School/Student & Staff Holiday
June 11, 2020 /Last Day of School

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Revised 12/7/2020