

Parent Workshops

Join us to learn how to support your child in school and at home.



Visit tinyurl.com/bradleyfamilies2021 or scan the QR code to join a workshop at the scheduled date and time.



	Date	Time	Workshop Focus	
<input type="checkbox"/>	October 26	6:00 pm	STEM- Food, More Than Just Vegetables	Parents can foster the development of math and science skills by bringing children into the process of preparing food. Starting at planning a meal, purchasing food, understanding portions and labels, and then actually preparing the food using kitchen tools, children can learn a vast array of math and science skills while simultaneously learning essential skills.
<input type="checkbox"/>	November 18	6:00 pm	Building Blocks to Literacy	Developing literacy skills has multiple advantages for young children that reach into adulthood. This workshop addresses the benefits of helping children develop early literacy skills, discusses the nine building blocks of literacy, along with practical tips to help children grow and become lifelong readers and learners.
<input type="checkbox"/>	January 27	6:00 pm	Healthy Screen Time Habits	Are you experiencing a never-ending battle over screen time with your children? Do you have concerns about what your children are accessing and how much time they are spending on their devices? Join us as we share what research says about the benefits of establishing healthy limits on the amount of time children spend in front of the screens. We also discuss practical ways you can help your child develop healthy screen time habits and offer alternatives to the screen.
<input type="checkbox"/>	February 24	6:00 pm	Healthy and Fit Families	This workshop helps families understand the importance of physical activity. It discusses ways to foster an active lifestyle for the entire family. Families also learn ways to incorporate healthy eating choices into their daily lives.
<input type="checkbox"/>	March 24	6:00 pm	Math Matters in Elementary School	This workshop for parents of elementary school children addresses what research says about how children learn mathematics, how to communicate mathematically, problem-solving skills, and reasoning abilities. It also discusses activities parents can do with their children at home.
<input type="checkbox"/>	April 28	6:00 pm	The Power of Music	Research shows that music education develops brain areas, increases spatial intelligence, and improves math skills, among many other benefits. Join us for some easy ideas of how to incorporate music into your daily routines, and how to create simple crafts that allow you to make instruments out of common household items.