

# Fight the flu!

## Parents and kids, join us to help fight the flu. Influenza (the flu) is a serious illness you can get from anyone infected.

Prisma Health is helping protect you and your family with free flu shots throughout Richland, Lexington, Fairfield, Kershaw and Sumter counties. The flu shot is available for anyone six months and older. Flu shots will be administered by drive-through, with the exception of the Prisma Health Nine Medical Park Lobby location. For drive-through locations, there will be limited capacity to provide vaccines outside of the vehicle for children, if needed. Flu shots at Prisma Health, Nine Medical Park, will be administered in the first floor lobby area every Wednesday and Thursday in October, 3–6 p.m. Please wear a short-sleeve shirt or loose-fitting clothing that can easily roll up to assist with vaccines. Face masks or shields will be required, along with temperature checks. Anyone with a fever will not be allowed a flu shot vaccine.

Consent forms are required and available at each site. Children under the age of 16 require a parent/guardian signature. Flu shots are available on a first-come, first-served basis. See the reverse side for more information.

2020 Flu shot schedule		Location
Wednesday, Oct. 7–Thursday, Oct. 29, 3–6 p.m. <b>(Every Wednesday and Thursday)</b>		<b>Prisma Health, Nine Medical Park Lobby (walk-in)</b> 9 Medical Park Rd., Columbia, SC 29203
Saturday, Oct. 3	9 a.m.–1 p.m.	<b>Lower Richland High School</b> 2615 Lower Richland Blvd., Hopkins, SC 29061  <b>First Baptist Church, Camden</b> 1201 Broad St., Camden, SC 29020
Saturday, Oct. 10	9 a.m.–1 p.m.	<b>Dent Middle School*</b> 2721 Decker Blvd., Columbia, SC 29206  <b>Sumter High School</b> 2580 McCray's Mill Rd., Sumter, SC 29154 (Enter through gate 1)
Saturday, Oct. 17	9 a.m.–1 p.m.	<b>St. Andrews Middle School</b> 1231 Bluefield Dr., Columbia, SC 29210  <b>Fairfield Middle School*</b> 728 US Highway 321 Bypass S., Winnsboro, SC 29180
Saturday, Oct. 24	9 a.m.–1 p.m.	<b>Brookland Baptist Church</b> 1066 Sunset Blvd., West Columbia, SC 29169  <b>Dreher High School</b> 3319 Millwood Ave., Columbia, SC 29205
Saturday, Oct. 31	9 a.m.–1 p.m.	<b>W.A. Perry Middle School (Challenger Parking Lot)</b> 2600 Barhamville Rd., Columbia, SC 29204  <b>Eau Claire High School</b> 4800 Monticello Rd., Columbia, SC 29203

\*Flu shots at Dent Middle School and Fairfield Middle School will be administered by SC Department of Health and Environmental Control (SC DHEC) staff.

**For more information, visit [PrismaHealth.org/FreeFluShots](https://PrismaHealth.org/FreeFluShots).**

## Flu shot facts

- **A flu vaccine cannot cause flu illness.** The viruses in the flu shot are killed (inactivated), so you cannot get the flu from a flu shot. *While a flu vaccine cannot give you flu illness, there are different side effects that may be associated with getting a flu shot.* These could include soreness, redness or swelling where the shot was given, fever (low grade) and site area or body aches.
- **Yearly flu vaccination is the best tool currently available to protect against the flu.** The Centers for Disease Control and Prevention (CDC) recommend a yearly flu vaccination as the first and most important step in protecting against flu and its potentially serious complications.
- **Millions of people have safely received flu vaccines for decades.** Flu vaccination can reduce flu illnesses, doctors' visits, and missed work and school due to flu, as well as prevent flu-related hospitalizations.
- **A flu vaccination does not guarantee protection against the flu.** Some people who get vaccinated might still get sick. However, people who get a flu vaccine are less likely to get sick with flu or hospitalized from flu than someone who does not get vaccinated.
- **Flu vaccination also may make your illness milder if you do get sick.**
- **Getting vaccinated yourself also protects people around you,** including those who are more vulnerable to serious flu illness, like babies and young children, older people and people with certain chronic health conditions.
- **A flu vaccine is needed every year for two reasons.** First, the body's immune response from vaccination declines over time, so an annual vaccine is needed for optimal protection. Second, because flu viruses are constantly changing, the formulation of the flu vaccine is reviewed each year and sometimes updated to keep up with changing flu viruses. For the best protection, everyone six months and older should get vaccinated annually.
- **It takes about two weeks after vaccination for antibodies to develop in the body** and provide protection against influenza virus infection. That's why it's better to get vaccinated early in the fall, before the flu season.
- **Flu vaccines are offered in many locations,** including doctor's offices, health departments, pharmacies, urgent care clinics, schools and workplaces.

**For more information, visit [PrismaHealth.org/FreeFluShots](https://PrismaHealth.org/FreeFluShots).**