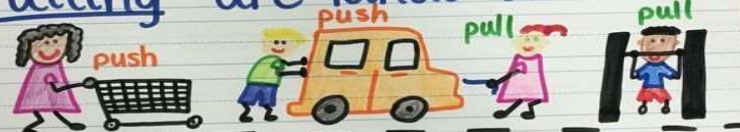


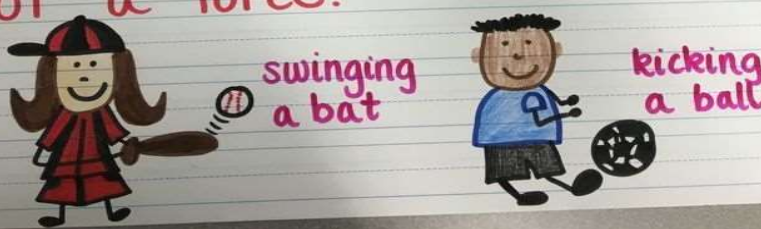
SCIENCE Parent Resources

Force and Motion happen all around us all the time.

Force means using energy to do work. Pushing and Pulling are kinds of work.



Motion is the change in position of an object because of a force.



swinging a bat

kicking a ball

Push — a force to move something AWAY.



He is pushing a wheel barrow.

Pull — a force to move something TOWARD YOU.



She is pulling a wagon.

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