

**AVID Elective**  
**Day 1-5**

<b>Standard(s)</b>	<p><b>Student Agency: Student Empowerment</b></p> <ul style="list-style-type: none"> <li>• Explore the importance of healthy, balanced lifestyles, including aspects such as good sleeping, eating, and exercise habits</li> </ul> <p><b>Academic Preparedness: Organization</b></p> <ul style="list-style-type: none"> <li>• Explore a variety of organizational formats for calendaring/planning</li> <li>• Determine how to utilize time effectively</li> </ul>
<b>Learning Targets/I Can Statements</b>	I can use a variety of organizational formats such as time logs, calendars and agendas to utilize time effectively.
<b>Essential Question(s)</b>	How can I use my time effectively?
<b>Resources</b>	<p>AVID Time Log-Complete Daily  AVID Time Reflection Sheet-complete each Friday  AVID Learning Logs- Complete Daily</p>
<b>Learning Activities or Experiences</b>	<p>Days 1-4: Complete your coursework from each of your assigned classes.</p> <ul style="list-style-type: none"> <li>• After completing all assignments, complete your time log to record the time you spent on each assignment.</li> <li>• Next select the learning log of your choice to reflect on your learning for the day.</li> </ul> <p>Day 5: Complete your coursework for each of your assigned classes.</p> <ul style="list-style-type: none"> <li>• After completing all assignments, complete your time log to record the time you spent on each assignment. After completing your time log, review your time log, and look for any patterns. <b>Complete the time reflection log sheet.</b> You may type this or complete on a sheet of notebook paper.</li> <li>• Next select the learning log of your choice to reflect on your learning for the day.</li> </ul>
<b>Work to be submitted</b>	<p>You will be required to submit learning logs, reflections and time logs each week or upon your return.</p> <p>Ex. Have students take a picture of assignment and email to you  Upload on your learning platform that you use in class, or text to you.</p>

**AVID Elective**  
**Day 6-10**

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<b>Work to be submitted</b>	<p>You will be required to submit learning logs, reflections and time logs each week or upon your return.</p> <p>Ex. Have students take a picture of assignment and email to you  Upload on your learning platform that you use in class, or text to you.</p>

## **AVID Daily Agenda: March 16 - 20**

Please follow the instructions below for completing your AVID assignments. Class Notebook and our school webpage can be used to obtain resources as needed. Assignments can be turn-in using Class Notebook or you can email me the assignments. The assignments are not optional and must be completed. Please do not hesitate to contact me for assistance as needed. I will be available during the following times: 9:30 – 11:00 and 1:00-2:30 Monday-Friday.

My contact information is: [bettie.brown@richlandone.org](mailto:bettie.brown@richlandone.org) or 803-563-6830.

Please be safe.

### **Week 1 – March 16-20**

Read the AVID Elective: Day 1-5

As you complete All Coursework **for days 1-4, complete the AVID Time Log**

Read Chapter 9: Learning Logs

After completing All Course work **for days 1-4, complete the Learning Log of Your Choice**

On **Friday** complete the **Time Log Reflection:**

- ❖ **Answer the questions under Directions**
- ❖ **Review/analyze your Plans**
- ❖ **Complete the Categorize Activity**
- ❖ **Complete the Prioritize Activity**
- ❖ **Complete the Reflection**

## **AVID Daily Agenda: March 23 – 27 (Week 2)**

Please follow the instructions below for completing your AVID assignments. Class Notebook and our school webpage can be used to obtain resources as needed. Assignments can be turn-in using Class Notebook or you can email me the assignments. The assignments are not optional and must be completed. Please do not hesitate to contact me for assistance as needed. I will be available during the following times: 9:30 – 11:00 and 1:00-2:30 Monday-Friday.

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Please be safe.

### **Week 2 – March 23-27**

Read the AVID Elective: Day 6-10

As you complete All Coursework **for days 6-9, complete the AVID Time Log**

Read Chapter 9: Learning Logs

After completing All Course work **for days 6-9, complete the Learning Log of Your Choice**

On **Friday** complete the **Time Log Reflection:**

- ❖ **Answer the questions under Directions**
- ❖ **Review/analyze your Plans**
- ❖ **Complete the Categorize Activity**
- ❖ **Complete the Prioritize Activity**
- ❖ **Complete the Reflection**

# Time Log

My week from \_\_\_\_\_ to \_\_\_\_\_

Name: \_\_\_\_\_

Grade: \_\_\_\_\_

Date: \_\_\_\_\_

Period: \_\_\_\_\_

**Directions:** Use the table below to log your activities hour by hour for the next week. Update the log during the day, at the end of the day, or the following morning. Keep this neat because you will be using it in class later.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00							
7:00							
8:00							
9:00							
10:00							
11:00							
12:00							
1:00							
2:00							
3:00							
4:00							
5:00							
6:00							
7:00							
8:00							
9:00							
10:00							

Try to use codes to fill in your boxes. For example: **HW** = homework; **C** = in class; **P** = talking or texting on the phone; **TV** = watching television; **I** = browsing the Internet

# Chapter 9



## Learning Logs<sup>8</sup>

The learning log is a technique to help students focus on what they are learning in their classes by writing their thoughts, reactions, and responses to class lectures, videos, or discussions. A learning log is a written reflection of students' perceptions of what is being learned and how they are learning. It also provides a record of students' growth over time. Writing a learning log is an excellent way to use writing as a process of discovery and to clarify ideas. The learning log is one way to use writing as a tool of learning. Otherwise stated, the learning log can answer the question, "How do I know what I think until I see what I write?"

### Defining Learning Logs and Journals

Learning logs and journals are open-ended, nonthreatening writing tasks that help students grapple with ideas in a tentative, exploratory way.

Journals are used by students to reflect on class activities as well as events in their own lives. They write to clarify their understanding; to voice their questions, confusions, and uncertainties; and to share their feelings.

Learning logs are used by students to record activities, such as the number of pages they've read, the number of words per minute they've read or typed, the titles of books they've read, the daily observations they've made in science, or new learning they've acquired. A learning log is more factual than a journal and provides the student with a tool for tracking class activities and learning.

A learning log entry is different from a journal entry in that it is related to specific subject material. Learning log entries are a student's reflections on learning that occurred in class, making connections to personal experiences and recording awareness of learning that occurs over a period of time.

<sup>8</sup>Risi, R., Schiro, P. Serret-Lopez, C. (2005). Unit Four: Learning Logs. *Strategies for Success* (pp. 41–49). San Diego, Ca: AVID Press



Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Learning Log

Questions	Notes
What did you learn today?  _____  _____  _____  _____	  _____  _____  _____  _____
What did you find interesting in what you learned?  _____  _____  _____  _____	  _____  _____  _____  _____
What questions do you still have about what you learned?  _____  _____  _____  _____	  _____  _____  _____  _____



Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Learning Log

Questions	Notes
What were the main ideas in today's lesson?  _____  _____  _____  _____	  _____  _____  _____  _____
What did you understand best?  _____  _____  _____  _____	  _____  _____  _____  _____
How do these ideas relate to what you have already learned?  _____  _____  _____  _____	  _____  _____  _____  _____



## Time Log Reflection

**Directions:** Answer the following questions once you have finished your Time Log.

- What was the total amount of time you spent watching TV during the week?
- On average, how much time was spent watching TV each day?
- How much time was spent doing volunteer work or community service?
- Did you spend time studying? How much?
- If you have a job, how many hours were spent working?
- Can you find any quiet time that you had during the week? Or time where you were alone and did some planning or reflective thinking?
- How much sleep did you get during the week? Total? Average per night?
- How much time was spent traveling from place to place in a car or bus?
- How much time were you not able to account for?
- During what time of day did you do most of your studying?
- Was there anything that you needed or wanted to do, but just couldn't find the time for?

### Look at Your Plans

Once you have analyzed your week, you will be able to stick to a new schedule that you make after you have categorized and prioritized your activities. You will have more control over your time.

### Categorize

Make a list of the different activities that you spent time doing during the week. Once you have made this list, come up with some general categories for these activities. For example, baseball practice, running, biking, and playing basketball might all fall under the category of "Exercise," while reading, typing, and computer research could all be put under the category of "Schoolwork."

### Prioritize

Once you have categorized your activities, look at your lists and circle those activities that you see as most important to you and your future. As you prioritize, think of your future and what you want to accomplish. If you plan to go to college, think about what you will need to do to make that happen. If you want to prepare for a particular type of career, such as being a police officer, a salesperson, or a politician, what do you need to do now and in the rest of your school years to achieve that goal? Will the activities you see as "high priority" have a positive or negative effect on your goals?

### Reflect

Take some time to reflect on what you have learned in your Time Log. Be sure to answer the following questions in your entry: What have you discovered about your time? What do you like about your schedule? What do you need to change? Are you "on track" considering your goals?