

Creating an

At-Home Learning Environment



HAVE A DESIGNATED SPACE OR TABLE FOR SCHOOLWORK

- ◆ Try to create consistency where the learning will take place to help students get into the mindset and routine of learning.

Take Breaks

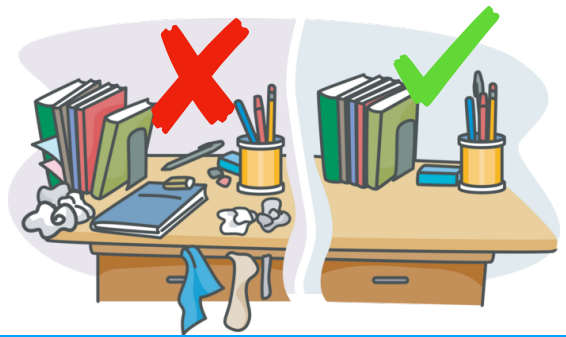
- ◆ Set a schedule of work time as well as break time
 - (example: 30 minutes of work, 5 minute break)
 - Get up stretch, get a quick snack/ drink of water
 - Have a brain break
- ◆ Take a lunch break just like we have at school



These are just some tips and suggestions to help with e-learning. Remember you know your child and his/her needs so use that to create an environment in which he/she will be successful.

Stay Organized

- ◆ Gather all your materials into your workspace
- ◆ Organize work by subjects
- ◆ Keep track of assignments, due dates, tests and quizzes



Remove Distractions

- ◆ Turn off tv and video games
- ◆ Create a clutter free space
- ◆ Keep messy foods and drinks away from workspace
- ◆ Do your best to find a quiet place to help minimize distractions

Motivation!

- ◆ Set goals each day of e-learning (ex: participate at least 3 times in class)
- ◆ Create small rewards for achieving goals