

Richland County School District One

ThriveRichland Summer Fun Family Calendar

June 2020



Musical Monday

Drums at Home

Use boxes, pots or other items to make a drum and try out different beats.



Old MacDonald

Sing Old MacDonald with your child and talk about what animals you see on a farm.



GoNoodle

Visit www.GoNoodle.com, create a FREE account and enjoy the educational songs and videos.



Where's the Beat?

Play your child's favorite song and clap/stomp to the beat.



Tinkering Tuesday

9:30 am Online Play Group
www.thriverichland.eventbrite.com

Scavenger Hunt

Make a list of items, colors and textures inside and/or outside you want your child to find.



Fort Night

Use blankets and chairs to create a fort and game night.



Cooking Together

Have your child help you cook a meal. Measure, pour and stir ingredients. Discuss the process.



Water Painting

Get a cup of water, and paint brushes. Let your child draw with the water on the sidewalk.



Weird Science Wednesday

Paper Plane

Make a paper airplane. Measure how far it flies.



Seed to Plant

Plant a seed in a small clear cup or jar. Place the seed in a window where it will get sun each day. Water the plant daily. Observe its growth.



Wind Powered Maze

Create a Lego or block maze. Using a straw, blow a marble, cotton ball, or other rolling object through the maze.



Rain Cloud in a Jar

Fill a glass or jar $\frac{3}{4}$ full of water. Then fill the top with shaving cream or whipped topping. Mix water and blue food coloring in a separate bowl or cup. Using a dropper or small spoon, add droplets of the colored water to the top of the shaving cream/whipped topping.



Thriving Thursday

3:00 pm Online Play Group
www.thriverichland.eventbrite.com

Self-Care

Have your child practice zipping and buttoning their clothes. Help your child practice tying his or her shoes.



Encourage Responsibility

Help separate the laundry. Sort by color or type of clothing. Help match pairs of socks.



Whale Breath

Sit crisscross applesauce and take a deep breathe in. Hold it while you count to 5 then tilt your head up to blow it out of the blowhole.



Create a Calm Corner

Set up an area where your child can calm down and redirect their energy. Make this a comfy place to sit with stuffed animals, books, and other calming items your child likes.



Fantastic Five Friday

What is in a Name

Clap to count the syllables in your name. Look for the letters of your name in your environment.



I Spy

Play a game of "I Spy." Give color, shape, and texture clues.



Listening Walk

Go on a "listening walk" with your child. What does he or she hear?



Primary Colors Squishy Bag Experiment

Place a small amount of primary colored paint in a Ziplock bag. Add one more primary color. Children will use their hands to blend the colors.



Tweet us some of your child's work! @ThriveRichland

Join Play Groups every Tuesday and Thursday. Signup @ www.thriverichland.eventbrite.com

ThriveRichland Summer Fun Family Calendar July 2020



Musical Monday

Rain, Rain Go Away

Sing the song and discuss the weather and why it rains.



Freeze Dance

Play a game of freeze dance playing your favorite songs.



Music Mania!

Play some fast songs and slow songs. Have your child dance like the song (fast or slow).



Family Band

Have each family member make an instrument and have a living room concert.



Tinkering Tuesday

9:30 am Online Play Group
www.thriverichland.eventbrite.com

Creative Cheerios

Pour some cereal on the table and have your child make different letters, numbers and pictures.



Imagination Station

Act out stories from your child's favorite show or book.



Imagine That!

Create and draw an imaginary animal. Talk about what it eats, where it lives and what it does.



Taste Testing

Put on a blindfold and taste different foods: salty, sweet, sour. Talk about the different tastes.



Weird Science Wednesday

Fourth of July Sparkle Bottle

Fill a jar or bottle 1/3 of the way with warm water. Add glitter glue or clear glue and stir until it combined with the water. Add 3 drops of food color and stir. Pour in the glitter! Top off your jar with the rest of the warm water, until almost full. To celebrate the fourth of July use blue, silver, and red glitter.



Floating Boat Challenge

Build boats out of paper, wax-coated paper, and/or aluminum foil. The objective: see who can build the boat that can hold the most pennies.



Build and Measure a Block Tower

Build a tower with blocks. Measure the height and width of the tower.



Create a Maze

Using craft items (scrap paper, pipe cleaners, popsicle sticks, etc.) build a maze on a paper plate. Challenge: Have your child test their maze using a small marble or ball.



Thriving Thursday

3:00 pm Online Play Group
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Self-Care

Help your child with proper hand washing techniques.



Bedtime Routines

A good bedtime routine will help calm your child and prepare them for a good night's sleep. Be consistent but allow for changes.



Tummy Time

Tummy time helps develop your baby's neck and upper-body muscles for better head control.



Reading and Conversation Routines

When reading or having a conversation with your child follow their lead, comment on what they say, ask follow-up questions, and respond to their thoughts.



Fantastic Five Friday

Sorting Shapes Sensory Bin

Fill a small tub with rice or beans. Add small shape pieces. Encourage your child to use large tweezers or their hand to find shapes. Let them sort the shapes as they find them.



Sensory Tray

Fill a tray with salt, sugar, flour, whipped cream, or sand. Let your child practice drawing letters, numbers, and shapes.



Food Tasting

Let your child taste assorted food items to determine if they are salty, sweet, sour, or bitter.



What is that Smell

Go on a walk outdoors. Let your child describe what they smell. On days that you are stuck inside you can soak cotton balls with different items: lemon, essential oils, vanilla extract, etc. Place each different cotton ball in a separate cup or small jar. Let your child guess the smells.



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Richland County School District One

Bonus: Kindness Calendar!

CARING CONNECTIONS: Strengthening Relationships by Practicing Kindness, Being Grateful, and Spending Quality Time With Those We LOVE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Do something helpful for a family member or friend.</p> 	<p>Connect with a relative to say hello and chat.</p> 	<p>Count your blessings: List the kind things others have done for you.</p> 	<p>Create and then share a card or a piece of art with someone you love.</p> 	<p>Go outside and find one thing that reminds you of someone. Share what you find and your why.</p>	<p>Create a cell phone / device parking lot so you can enjoy device-free moments together each day.</p>	<p>Find a deck of cards and play a game like Crazy Eights, Spoons or Go Fish.</p> 
<p>Find a joke that you love and share it with 2 other people in person, by phone, or virtually.</p>	<p>Work together to plan a 3-course meal. Write down / draw each part of the meal to share as the menu for the evening.</p>	<p>Go outside and find materials to create a centerpiece for others to enjoy!</p> 	<p>Name 3 things you are grateful for. Draw a picture or write a list of these things and then post in a prominent place.</p>	<p>Work to create 5 "happy cards" for seniors that are in a local nursing home. Drop them off for them to enjoy.</p>	<p>While washing your hands look at yourself in the mirror and tell yourself one thing you like about YOU!</p>	<p>Do one act of kindness to make life easier for someone.</p> 
<p>Thank 3 people you are grateful to and tell them why.</p> 	<p>Smile at the people you are with to brighten their day.</p> 	<p>Learn one new thing today and share what you learned with someone.</p> 	<p>Choose a favorite song(s) and enjoy a spontaneous dance party.</p> 	<p>Get a deck or two of cards and build a home. Talk about what makes a home safe and what connects us to others.</p>	<p>Go outside and enjoy a game of "Red Light, Green Light." Be sure to run, walk, slide, jump and enjoy other creative ways to move.</p>	<p>Design and create a musical instrument. Enjoy a sharing concert.</p> 
<p>Ask someone to do what you LOVE to do today.</p> 	<p>Send a message or letter to someone you cannot be with today.</p> 	<p>Find a favorite book and read it or share it with someone.</p> 	<p>Enjoy a scavenger hunt with someone. Both write lists of 5 things the other person will look for, switch lists and then GO!</p>	<p>Notice 5 things that are beautiful within your world. Share your ideas with someone.</p> 	<p>Learn how to play hopscotch and then PLAY!</p> 	<p>Thank someone and tell them how they make a difference for you.</p> 

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