

COVID-19 DAILY SELF-SCREENING TOOL



For the health and well-being of those around you, ASK these questions EVERY DAY BEFORE leaving home.

Have you or has anyone in your household had any of these symptoms in the last 24 hours?

1. **New/worsening respiratory symptoms*** (cough and/or shortness of breath)
2. **Vomiting** and/or **diarrhea**
3. **Fever** (temperature of >100.4°F at rest)
4. **Loss of smell or taste***
5. **Two or more of these symptoms***:
 - sore throat
 - chills
 - abdominal pain
 - headache
 - nasal congestion
 - fatigue
 - muscle pain or body aches

*New symptoms are different than symptoms of ongoing health issues such as asthma, allergies, reflux, or COPD.

IF you or anyone in your household:

1. Is **WAITING** for COVID-19 test results,
2. Is **DIAGNOSED** with COVID-19 by **TESTING POSITIVE**,
3. Is **DIAGNOSED** with COVID-19 by a healthcare provider but is **NOT TESTED**,
4. Has been told by **SC DHEC** to **ISOLATE**, or
5. Has **SYMPTOMS** (above), has **NOT SEEN** a healthcare provider, has **NOT BEEN TESTED**, and is monitoring symptoms at home,

Have you been in close contact (within 6 feet for more than 15 minutes) with a person who has been diagnosed with COVID-19 while the person was contagious (48 hours before symptoms began through recovery)?

You have been exposed to COVID-19:

- Do **NOT** go to school/work.
- **Communicate** with your school/supervisor.
- You must **QUARANTINE at home for 14 days**.
- If, at any point, you develop symptoms, **ISOLATE** and call **SC DHEC Care Line** at 1-855-472-3432.

If you answer **YES** to any of these:

- Do **NOT** go to school/work. You and everyone in your home should isolate at home until cleared to return to school/work.
- **Contact your school/supervisor.**
- **Call your healthcare provider** or SC DHEC Care Line at 1-855-472-3432.

If you answer **NO** to all of these:

- **Go to school/work.**
- **Continue to monitor** your health.

You or someone in your household has or may have COVID-19:

- Do **NOT** go to school/work.
- **Communicate** with your school/supervisor.
- **Visit SC DHEC online for information:** scdhec.gov/infectious-diseases/viruses/coronavirus-disease-2019-covid-19
- **The COVID-19 patient must ISOLATE at home until recovered**, defined as:
 - (1) **at least 10 days have passed since the first symptom, AND**
 - (2) **24 hours have passed since fever, vomiting, AND diarrhea stopped** (without medicine), AND
 - (3) **other symptoms have improved.**
- **Everyone in the household**, who has not had COVID-19, must **ISOLATE at home** until
 - (1) **the patient has recovered** (see above), **AND**
 - (2) **14 days have passed since the last recovery.**

- An employee may return to work earlier if a doctor confirms that the employee's illness was not COVID-19 related. The doctor must provide the employee's release to return to work in writing.
- An employee who experiences fever and/or respiratory symptoms while home should not report to work. Instead, the employee should contact his or her immediate supervisor for further direction.