

# **Richland One Superintendent's Cup Challenge**

The Superintendent's Cup is a six-week district-wide step challenge. The purpose is to encourage all faculty and staff to walk or run to help maintain a healthy lifestyle.

## **Step Submission**

Each Monday during the challenge, participants will receive an email with a link that they will use to submit their steps from the previous week.

Each participant must submit their steps on time each week to continue in the challenge.

## **Challenge Completion Certificate**

All participants that submit their steps each week will receive a challenge completion certificate.

## **Awards**

Participants that submit their steps each week will receive a participation award.