

## **HEALTH AND PHYSICAL EDUCATION LAW COMPLIANCE**

Provide quality health and physical education programs that empower students to apply the knowledge and skills necessary to make responsible choices that lead to healthy and active lifestyles.

Provide opportunities to continuously develop world-class knowledge, world-class skills, along with life and career characteristics as defined by the Profile of a South Carolina Graduate.

### **Elementary**

Maintain compliance by having:

- 90 minutes/week of physical education, Monday through Friday, by certified physical education teachers (must include Fitnessgram with parent reports sent home for 5<sup>th</sup> grade students)
  - 75 minutes/week of health education by K-5 classroom teachers (must include Erin's Law / Gavin's Law: 4K-5)
  - 60 minutes/week of physical activity by K-5 classroom teachers
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### **Middle**

Maintain compliance by having:

- At least one 9 weeks of physical education and one 9 weeks of health education for **all** students in each grade level 6-8 (must include Fitnessgram with parent reports sent home for 8<sup>th</sup> grade students)
  - Health minutes equal 250 minutes/week for nine weeks, which must equal 45 hours/year for grade 6 and 37.5 hours/year for grades 7 and 8 (must include Erin's Law / Gavin's Law)
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### **High**

Maintain compliance by:

- Completing one Carnegie unit of physical education between grades 9-12 (must include Fitnessgram with parent reports sent home for PE1 students)
  - Completing one half unit of Personal Health and Wellness (must include Erin's Law, Gavin's Law and Ronald Rouse (CPR) Law)
  - Including at least 750 minutes of reproductive health and pregnancy prevention education in the Personal Health and Wellness course.
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### **Compliance with Laws**

- Student's Health and Fitness Act of 2005
- Comprehensive Health Education Act of 1988
- 1986 Defined Minimum Program for South Carolina School Districts
- Coordinated School Health Advisory Council (CSHAC)
- Comprehensive Health Education Advisory Committee (CHEAC)